

2025 Quarter 3

THE LINK[®] in Old Town

NEWSLETTER



Welcome to the community!

Quarter 3 brought a lot of new faces to the community! We would like to welcome the following members to The Link:

Charlie Lizza	Matt Berman
Cody Stadler	Matt La Pan
Daniel Bland	Natalie De Selding
Elisabeth Bradley	Nathan Hobi
Elizabeth Binder	Phil Ribbens
Emma Rhodes	Ryan Naddoni
Joyce Abiodun	Subhav Kalra
Justin Bartlett	

Happy Birthday Hypergoat Café!

Hypergoat Café celebrated its 1st anniversary this past August, and we were blown away by the incredible community turnout! It was heartwarming to see so many familiar faces, and new ones, come together to mark this special milestone. As part of the celebration, they also officially opened a newly expanded café space, giving everyone a bit more room to relax, connect, and enjoy their favorite drinks. We're excited for what's ahead for the great team at Hypergoat!

We'd love to hear your feedback!

Leave us a Google review and share your experience at The Link in Old Town, whether it's about the space, events, or community vibe. As a thank you, you'll be entered into a giveaway to win a Link in Old Town mug, perfect for showing off your local pride while enjoying your favorite drink. Help us grow by spreading the word and supporting the space you love!



Health on Wheels: The DEXA Scan Van Rolls In

Thanks to Revolutionary Fitness, we hosted the DEXA scan van at The Link in Old Town during our July event. Members got a quick, non-invasive scan and received results almost instantly. It was a great way to promote health awareness and give everyone a clearer picture of their body composition to help set goals and plan workouts and diets. In case you missed it, or want to check your progress, the van will be back early next year!



Blooming Business: A Fresh Floral Addition to Our Neighborhood

Coming up in Quarter 4, we will be welcoming Kas Flowers, a locally owned and women-led flower shop, to our container at The Link. They're bringing fresh, beautiful floral arrangements and a passion for creativity to the space. We're excited to support their growth as they build their business right here in the heart of Old Town!



linkinoldtown.com



215 N Payne St, Alexandria VA 22314



(719) 494 - 7238